

# INCIDENT SURVIVAL

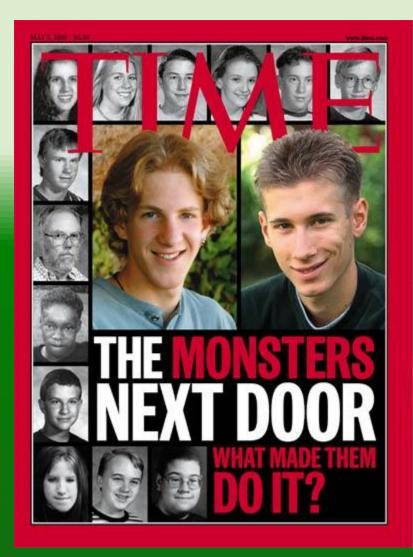
PRESENTED BY COMMANDER MARK CARMAN AND SGT. MICHAEL LUTZ



#### **WARNING:**

This presentation contains material of a serious and violent subject matter.

## COLUMBINE HIGH SCHOOL



# COLUMBINE HIGH SCHOOL HOME OF THE REBELS Somebody's shooting a gun at Columbine High School.

## The City Where it Couldn't Happen

Newtown, Connecticut

Sandy Hook Elementary

Population of 28,000 residents / 575 students

Parkland, Florida Marjory Stoneman Douglas High School Population over 32,000 residents / 3,200 students

Palm Coast, Florida The city where it couldn't happen Population of over 85,000 residents / MHS 1600 & FPCHS 2400 students

## WHAT IS & "SCHOOL SHOOTER"?

- Simply an "School Shooter" is a person who is trying to shoot and kill as many people in a school as possible, often for no particular reason.
- Historically, the attacker's goal has been to kill and injure without hope to escape.
  - In most cases this is a one way street for the attacker. He had no plans of surviving the incident.
- However, in some recent cases, Parkland among them, the shooter escaped and/or survived.

# Leakage: Communications to a third party of an intent to do harm

FBI Study of all school shooters: (100%) engaged in some sort of preattack 'leakage'

- In every case, a missed opportunity to avert tragedy and save lives, perhaps their own or a loved one...

- If you See/Hear Something - SAY SOMETHING!!!

- The life you save may even be your own!!

#### **Non School Shootings:**

- 67% Adult and 58% adolescent shooters leaked some information before the attacks

## **Methods of Leakage:**

- Diaries / Journal Entries,
- Social Media / Web-Postings,
- Doodling / Artwork,
- > Videos
- Human Interaction / Face to Face

#### Lives could have been saved, yet nothing was said!!!

## **ACTIVE SHOOTER STATISTICS**

#### "The Study of Active Shooter Incidents in the United States Between 2000-2013" *Phase I* revealed:

- 60% of the incidents ended before police arrived.
- In at least 9 incidents, the shooter first shot and killed a family member(s) in a residence before moving to a more public location to continue shooting.
- Out of 160 incidents, 64 of the shooters committed suicide; 54 shooters did so at the scene of the crime.
- In 21 of the incidents, the situation ended after unarmed citizens safely restrained the shooter.
- In 45 of the incidents, ended after a LEO and Suspect encounter "AN HONOR TO SERVE, A DUTY TO PROTECT"



"The Study of Active Shooter Incidents in the United States Between 2000-2013" *Phase II* revealed:

- A majority of the shooters obtained the guns legally
- Of the shooters under the age of 18, school peers and teachers were more likely to observe concerning behaviors than family members
- In those cases where the shooters primary grievance could be identified (49%), the most common were related to an adverse interpersonal (bullying), or employment action against the shooter



- 346 Mass Shootings (4 or more injured/killed)
- 590 Killed
- 1,881 Wounded

\*\*\*\*\*

30 Active Shooter
 Incidents in 2017
 The most ever reported
 in a 1 year period.

(FBI: June 2018)



## **ACTIVE SHOOTER CHARACTERISTICS**

- Most are younger than 40
  - School attackers: Usually 15-19 years old

#### **Often Suffers from:**

- Depression or other mental health issues
- Recent traumatic experience
- Aggressive/explosive behavior
- Conflicts with other workers/students
- Usually targets victims of their own age group
- Victims of teasing/bullying

## **ACTIVE SHOOTER CHARACTERISTICS**

- Empathetic toward violent individuals/acts
- Recent use of, threats about, or acquisition of weapons
- Noticeable decrease in attention to appearance and hygiene
- Unexplained increase in lateness and/or absenteeism
- Noticeably unstable, emotional responses

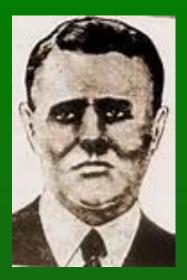
Schools: 96% male 4% female



On May 18, 1927, in Bath Township, Michigan, Andrew Kehoe, a School board member who was upset over a property tax increase, killed his wife and burned down his barn before driving to school.

Three explosions left 45 dead, mostly sixth graders.

Wounded 58 others and is still the deadliest attack on a school in U.S history.







VIRGINIA POLYTECHNIC INSTITUTE AND STATE UNIVERSITY IN BLACKSBURG, VIRGINIA. 49 (32 KILLED, 17 WOUNDED). APRIL 16, 2007



Seung-Hui Cho

- Diagnosed with anxiety disorder in middle school.
- As a child, he was described as "cold", and "did not mix with other children".
- In High School, he was teased for his shyness. Wrote in a school assignment that he wanted to "Repeat Columbine".

### CINEMARK CENTURY 16 THEATER IN AURORA COLORADO.

#### 70 (12 KILLED, 58 WOUNDED). JULY 20, 2012



**James Eagan Holmes** 

- No known previous criminal history.
- University of California, Riverside.
   2010-Undergraduate degree in neuroscience, and was top 1% of

#### class.

- 2012- Ph.D. student but his academic performance declined. (University of Colorado).
- Seeking psychiatric help prior to shootings. Told friends to stay away from him because, "I am bad news".

#### SANDY HOOK ELEMENTARY SCHOOL IN NEWTOWN, CONNECTICUT. 29 (27 KILLED, 2 WOUNDED). DECEMBER 14, 2012



Adam Lanza, 20

- Shot and killed mother at home prior to rampage.
- In high school, he was described as "intelligent but nervous and fidgety".
- No close friends.
- Obsessive-compulsive disorder, Asperger Syndrome. Possible Schizophrenia or Psychopathy.

#### MAJORIE STONEMAN DOUGLAS HIGH SCHOOL, PARKLAND FL. 17 KILLED, 14 INJURED. FEBRUARY 14<sup>TH</sup>, 2018



**Nikolas Cruz** 



- Known as a "Weird Kid" a loner
- Expelled from school for fighting
- Described as dangerous and threatening
- A fascination with weapons and hurting animals
- Disturbing images and comments posted to social media
- Previous mental health treatment.



#### SANTA FE HIGH SCHOOL, HOUSTON TEXAS 10 KILLED, 13 INJURED. MAY 18<sup>TH</sup>, 2018



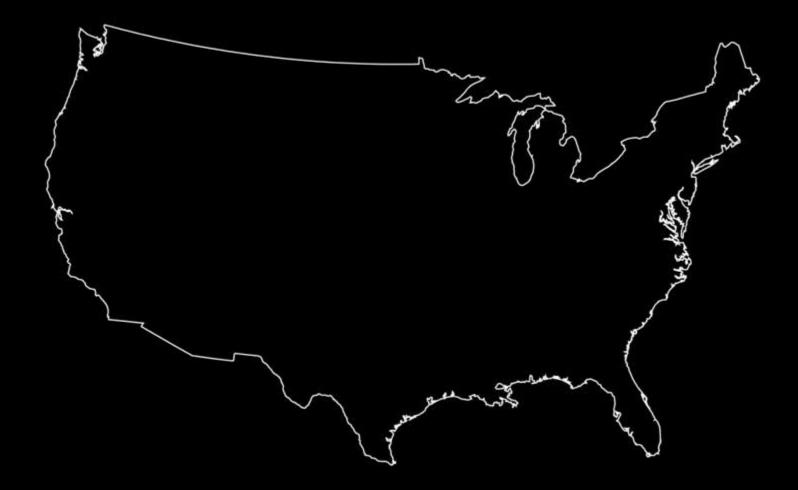
 Image: state of the state

- Known to some as Weird and a Loner
- Straight "A" student
- Described as a little strange, a little Quiet
- Father said he was "Bullied", but disputed by the school
- Used a shotgun and a pistol

"AN HONOR TO SERVE, A DUTY TO PROTECT"

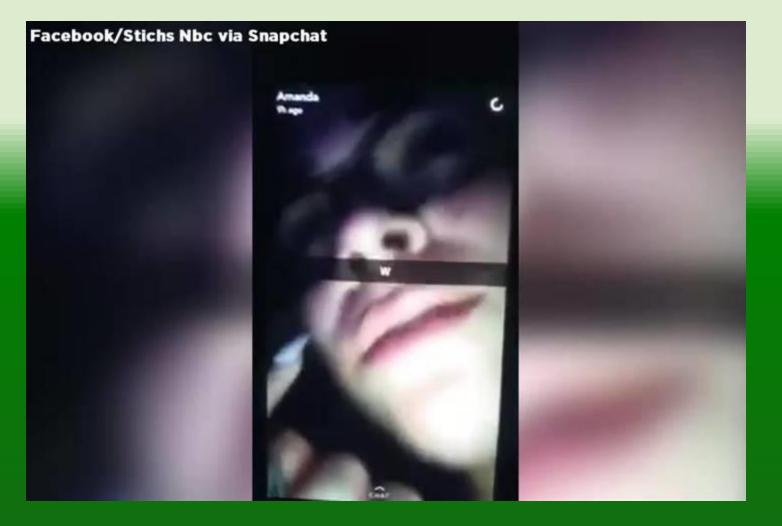
**Dimitrios Pagourtzis, 17** 

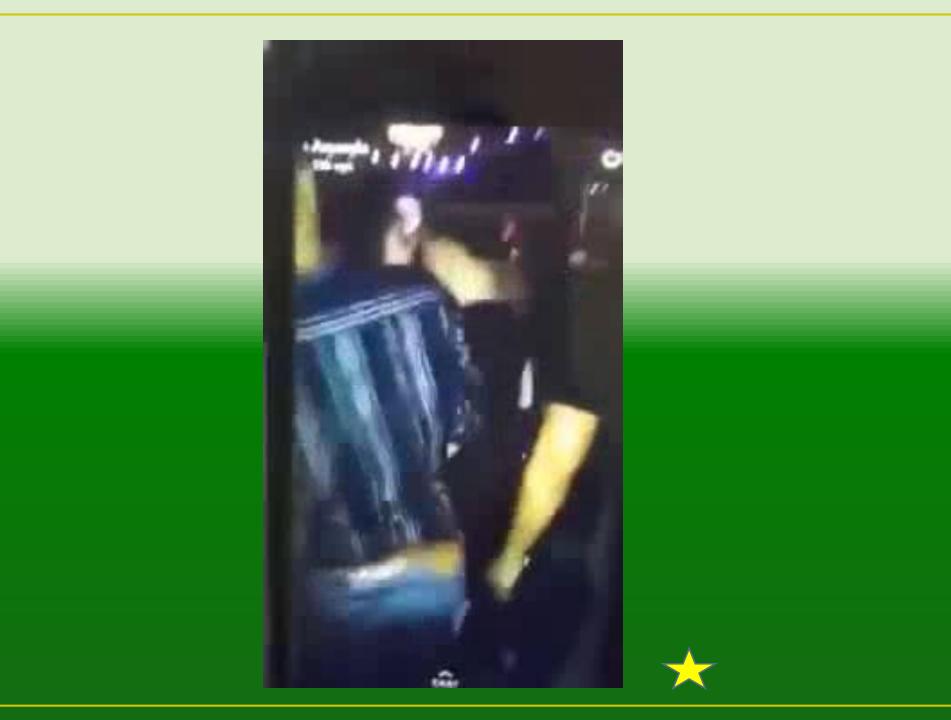
### **Deadliest U.S. school shootings**



## Pulse Nightclub

Approximately 20 shots were fired before anyone realized what was going on.





## WHAT SHOULD YOU LOOK FOR?

#### Look for someone/something that is "out of the ordinary"

- Clothing not consistent with temperature
- Large, awkward, or uncommon bag(s)
- Unusual attitude or demeanor
- Unusual questions asked about your school
- Individual found videotaping or photographing school
- Could be making attack plans
- Individual found in off limits areas of location



## PREVENTION/PREPAREDNESS

- Know your shelter locations (thick walls, solid doors/locks, first aid kits, phones/radios, etc.)
- Know your school lockdown procedures.
- Know your <u>School Resource Deputy</u>
  - See something? Say something to him/her
- Think about what you would do..
- Don't discuss security plans or responses













### <u>Run (Evacuate)</u>

- Have an escape route and plan in mind
- Leave regardless if others agree not to follow
- Prevent others from entering the area
- Leave your belongings behind
- Keep your hands visible, listen to police
- Do not attempt to move wounded people
- Call 911 as soon as possible







#### Mall Shooting, Kenya, Part I



#### Mall Shooting, Kenya, Video II



**Evacuate if escape from the building is safe and possible.** 

Get far away from the area and seek cover behind a car or in another building.

Be aware of responding emergency vehicles and personnel.





- If in the hallways, get in a room that is not already secured and secure it.
- Don't run through a long hall to get to an exit you may encounter the gunmen or hostage taker. 🔀



If the Sheriff's Office has not arrived, move well away from the scene if possible and find a safe place to hide. You will be directed to a safe holding area.





## **CREAT LEADERS** DON'T TELL YOU WHAT TO DO

# THEY SHOW YOU HOV IT'S DONE

References on a comparison of the



#### <u>Hide</u>

• Silence your phone, turn off radios/televisions



• Lock and block/barricade door with furniture/office equipment, etc.

• Hide behind large items (desk, cabinets, copier, etc.)

#### Remain quiet











• Do not sound the fire alarm. A fire alarm will tell people to leave the building and place them in danger as they attempt to exit.



• *Turn* off radios, televisions and other audio equipment. Put cell-phones on silent.



- Get out of sight and keep quiet.
- Close blinds or block the window.
- Put cell phones on mute, radios and computers should be off.

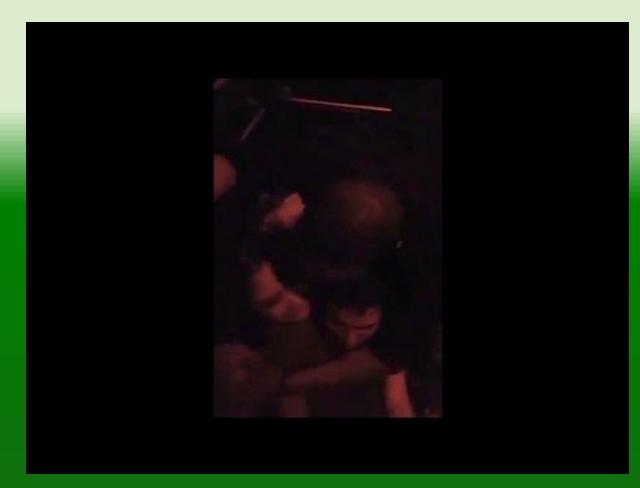


- Don't huddle together –spread apart
- Try to stay calm and remain quiet.





## **REMAIN CALM**





# Lock, Lock, Lock Your Classroom Doors! It's *Policy* and can save lives



### Fight (Take Action)

- Last resort, and only when your life is in imminent danger, attempts to disrupt/incapacitate the attacker.
- Act as aggressively as possible against the attacker.
- Throw items and use improvised weapons (chair, stapler, pens, fire extinguisher, etc.)
  Commit to your actions.





## DEFEND (FIGHT) - TARGETS

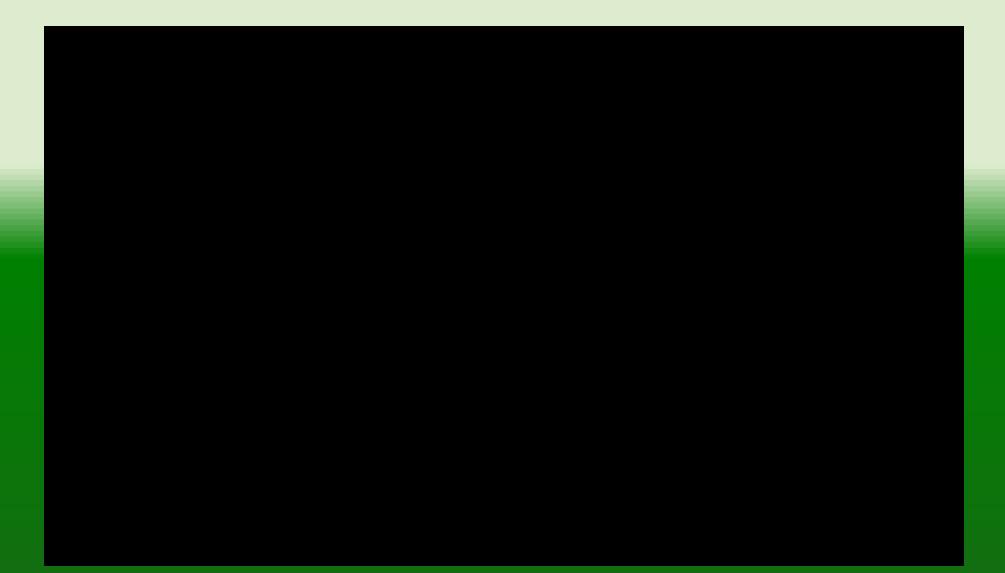
- Head
- Neck / Throat
- Eyes
- Groin
- Play Dirty!



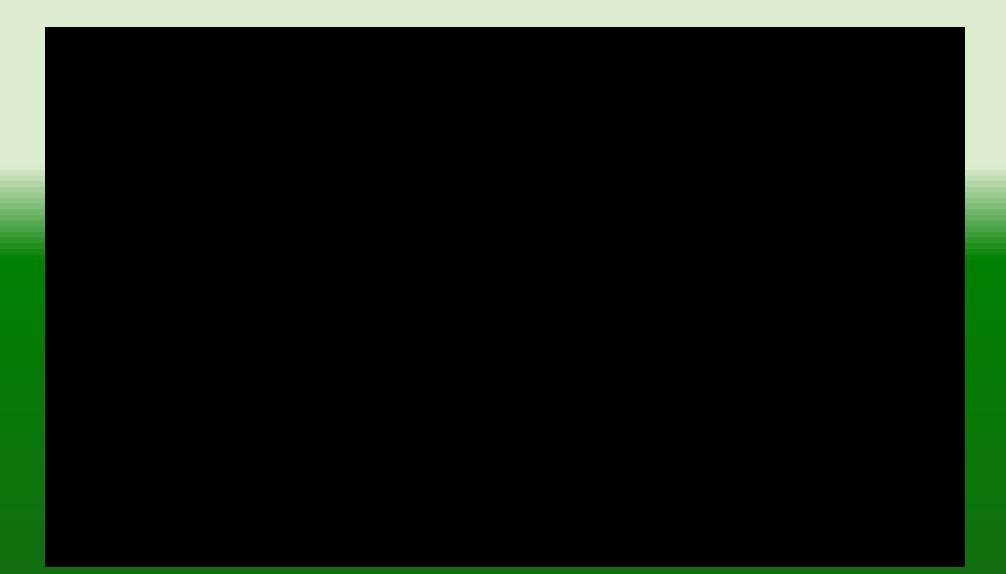




### Seattle Pacific University Shooting – Video I



### Seattle Pacific University Shooting – Video II





The National average response time to a school shooting is 5-6 minutes The average response time for the FCSO in 2018 is under four minutes in Palm Coast.

The Flagler County Sheriff's Office will respond as soon as possible and try to stop the threat as quickly as we can.





### TRAPPED WITH THE SHOOTER (HOSTAGE SURVIVAL)

- If they are "<u>not shooting</u>" do what they say and don't move suddenly.
- If you are trapped with the shooter, don't do anything to upset them.
- If possible, build relationship with hostage taker humanize yourself!
- Only <u>you</u> can decide what you will or will not do to save your life or the lives of others.





- Try to remain calm.
- Your actions may/will influence others.
- Warn others of the danger.
- Follow instructions.



 Call 9-1-1: don't assume someone has already made the call.





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#### Information needed:

- Your location: building name and office/room number.
- Number of people where you are.
- Injuries: number injured and types of injuries.
- Suspects: location, number of suspects, race/gender, clothing description, physical features, type of weapons (long gun or hand gun), bags carried, shooters identity if known, separate explosions from gunfire, etc.



# WHEN LAW ENFORCEMENT ARRIVES K-9







### WHEN LAW ENFORCEMENT ARRIVES

- The first officers to arrive to the scene will not stop to help injured persons.
- They will move quickly towards the sounds of shots/screaming
- Expect rescue teams, comprised of additional officers and emergency medical personnel, to follow the initial officers.
- These rescue teams will treat and remove any injured persons.
- The teams may also call upon able-bodied individuals to assist in removing the wounded from the premises, or other needed support.





"AN HONOR TO SERVE, A DUTY TO PROTECT"



## WHEN LAW ENFORCEMENT ARRIVES

- They do not know if you're a threat.
- Follow directions exactly.
- You may have weapons pointed at you.
- Don't make sudden movements.
- Keep your hands empty and visible
- You may/will be searched.









You may have information that Sheriff's Deputies will need. Once you are in a safe place, stay put.



SCHOOL & TT& CKS EVER INCREASING THREAT...

- School shootings are happening here in United States
- There will be mass chaos
- It <u>HAS</u> happened here in Florida
- Will it happen again??????







# INCIDENT SURVIVAL



